

Ordering...

Minimum Order

Call us on **5494 0113** **\$45 + \$5 for delivery**

Order Online www.topnoshmeals.com.au or Email us - orders@topnoshmeals.com.au

Ordering Frozen Meals Order up to the day before delivery by 2pm online or 3pm by phone.

Ordering Fresh Meals - Improved Cut Off Time! – Order online by midnight Monday or by phone by 3pm Monday for deliveries that week.

Payment : by cash or cheque to the driver. By credit card over the phone, or if you order online you can choose to select Paypal or Credit/Debit card.

Delivery Areas (in order)	Delivery Day /Dates (dates for fortnightly areas)
NOOSA AREA : Yandina, Cooroy, Tewantin, Noosaville, Sunshine Beach, Sunrise Beach, Peregian Beach, Peregian Springs, Coolum, Marcoola, Pacific Paradise, Mudjimba, Twin Waters	Every Wednesday
BLI BLI/MAROOCHYDORE/NORTH BUDERIM AREA : Landsborough, North Buderim, Kuluin, Bli Bli, Cotton Tree, Maroochydore, Beerwah.	Every Wednesday
NORTH BRISBANE AREA : Glasshouse, Burpengary West, North Lakes, Kallangur, Murrumba Downs, Strathpine, Albany Creek, Chermside, Zillmere, Deagon, Sandgate, Brighton, Woody Point, Clontarf, Redcliffe, Margate, Scarborough, Deception Bay, Burpengary East	Every Thursday
BRIBIE/MORAYFIELD/WOODFORD AREA : Elimbah, Beerburum, Bribie Island, Morayfield, Caboolture, Peachester, Woodford, Wamuran	Fortnightly on a Thursday 29/8, 12/9, 26/9, 10/10, 24/10, 7/11 and 21/11.
MALENY/NAMBOUR AREA : Maleny, Montville, Flaxton, Mapleton, Nambour, Palmwoods, Woombye, Mooloolah Valley	Fortnightly on a Thursday 22/8, 5/9, 19/9, 3/10, 17/10, 31/10, 14/11 and 28/11.
CALOUNDRA AREA : Little Mountain, Meridan Plains, Caloundra West, Golden Beach, Pelican Waters, Caloundra, Kings Beach, Moffat Beach, Shelley Beach, Aroona, Currimundi,	Every Wednesday and Friday
KAWANA AREA : Wurtulla, Warana, Parrearra, Buddina, Minyama, Mooloolaba, Mountain Creek. BUDERIM (Town and South Buderim) and Sippy Downs.	Every Wednesday and Friday

Top Nosh Meals
Love The Tastes We Make
(07) 5494 0113

FRESH MEALS

Minimum Order \$45 + \$5 delivery

FRESH MEALS

NEW MF226 Minted Lamb Patties tasty Lamb Patties served with a minted gravy, mash and vegetables (\$12.90)	
NEW MF225 Roast Chicken Dinner (\$11.50) a delicious cut of boneless Chicken Thigh served with Sage stuffing and fresh - locally prepared vegetables	
MF200 Chicken Parmi (\$9.90) – Classic crumbed and oven-baked chicken topped with a delish Napoli sauce & grated cheese. Served with sweet potato wedges and garden peas.	
MF201 Beef Lasagne (\$9.90) - made to an original recipe with lashings of bechamel sauce.	
MF203 Pork, Apple & Cranberry Meatloaf (\$9.90) served with real mash and the freshest veggies	
MF205 Creamy Bacon, Chicken & Mushroom Casserole (\$9.90) with fresh veg and roasted chat potatoes	
MF206 Italian Meatballs (\$9.90) A generous serve of home made Meatballs slowly cooked in a delicious Napoli sauce with spaghetti	
MF208 Sausages In Onion Gravy (\$9.90) - delicious Beef Sausages, charred onion & gravy served with our creamy REAL mashed potato.	
MF210 Peanut Satay Chicken (\$9.90) - served with steamed rice	
MF214 Roast Lamb (\$12.90) - thick cuts of Lamb, served with freshly steamed broccoli, freshly roasted chat potatoes & pumpkin served with mint gravy	
MF219 Steamed Salmon with dill & lemon sauce (\$12.40) with seasonal veggies and our creamy mash.	
MF220 Sweet & Sour Pork (\$9.90) Delicious diced Pork with a hint of Chinese spice– served with fried rice	
MF221 Corned Silverside (\$9.90) Slow cooked. Served with our delicious cheese sauce, mash, pumpkin and carrots.	
MF222 Roast Pork (\$9.90) Succulent cuts of pork served with veggies & freshly roasted chat potatoes and a golden gravy.	

We Deliver Fresh & Frozen Meals

Fresh Meals fully seasoned with an 8 day shelf life, all medium sized - please order in advance (see over)
Frozen Meals are economical, lightly seasoned with a 3 month shelf life, available in Petite and Medium sizes, please order by 3pm day prior

Frozen Meals

Beef and Pork

Petite \$6.60 Medium \$8.80 Large \$13.20

- 02. **Corned Beef** (200/280) Slowly cooked in a crock-pot & topped with our cook's own cheese sauce. Served with mash and veggies.
- 14. **Pork , Apple and Cranberry Meatloaf** (210/380) a delicious and easy to eat meal served with mashed potato, vegetables and gravy.
- 30. **Steak & Mushroom Casserole** (127/275) diced beef cooked in a mushroom gravy, served with veg and mashed potatoes.
- 31. **Beef Sausages in Onion Gravy** (265/402) a favourite served with a rich onion gravy, seasonal vegetables and bacon.
- 40. **Pork Roast** - (118/207) succulent cuts served with gravy, roast potatoes and vegetables.
- 45. **Italian Meatballs** - cooked in a delicious tomato sauce and served on a bed of pasta.
- 81. **Sweet & Sour Pork** - Delicious diced Pork with a hint of Chinese spice, pineapple - Served with fried rice.

	Pt	M	Lg



Roast Chicken Dinner

Petite \$7.50 Medium \$9.90

114 A delicious cut of boneless Chicken Thigh served with Sage stuffing and vegetables

Pt	M

Best Buy Meals

Petite \$5.90 Medium \$7.80

- 01. **Peanut Satay Chicken** (304/468) delicious flavours of honey and peanut butter. Served on a bed of rice.
- 05. **Beef Lasagne** - a delicious serve of creamy Beef Lasagne served with wedges, corn and peas. A Haines family fave!
- 06. **Tuna Pasta Bake** (282/526) a wholesome serve of pasta and Tuna topped with tasty cheese.
- 15. **Spaghetti Bolognese** (265/442) rich beef mince and bolognese sauce, topped with lite cheese.
- 46. **Curried Beef Sausages** (318/545) our popular beef sausages in a sweet curry sauce containing diced veggies and sultanas served with rice.
- 63. **Fish in Parsley Sauce** - (246/347) cooked in a creamy parsley sauce served with mash and seasonal vegetables. Also available in large.
- 73. **Penne Boscaiola** - A lovely combination of bacon, mushrooms and peas cooked with cream, onion and garlic.
- 83. **Chicken Schnitzel** (294/490) served with Potato Wedges and seasonal vegetables.
- 106. **Savoury Mince** (168/239) best beef mince cooked with vegetables and served with mashed potatoes.

7 Medium Best Buy FROZEN Meals \$49

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Pt	M

Lamb

Petite \$7.50 Medium \$9.90 Large \$13.90

- 38. **Roast Lamb** (163/282) moist cuts served with roast potatoes, vegetables & minted gravy
- 09 **Minted Lamb** (290/490) tasty Lamb Patties served with a minted gravy, mash and vegetables



Pt	M	Lg

Order By 10am Salad & Extras

- SA106 Garden Salad \$6.50
- EX 2 Slice of Spinach & Fetta Quiche \$4.60

Ploughman's Lunch - SA111

Cheese, Ham, Pickle, Chutney, and Tomato, served with a freshly Boiled Egg and a Dinner Roll \$9.90

Name :
 Address /Phone:
 Delivery Date:

Chicken and Fish

Petite \$6.70 Medium \$8.90 Large \$13.20

- 20. **Chicken & Apricot Casserole** (207/359) served with apricots, mashed potatoes and vegetables.
- 50. **Bacon, Chicken and Mushroom Casserole** (280/442) served with Lemon and Mustard Seed Rice and vegetables.
- 66. **Lemon Fish** (216/325) gently steamed in a lemon butter sauce. Served with seasonal veggies.
- 55 **Smoked Cod Pie** - lightly smoked cod with a creamy sauce topped with cheesy mash

Pt	M	Lg

Sides, Soup & Pies

- SN103 Fried Rice \$3.90
- SN110 Broccoli, & Cauliflower Pasta Bake \$3.20
- SP201 Steak Bacon and Cheese Pie \$4.90
- SP210 Apple Pie \$4.90
- EX2 Spinach and Fetta Quiche Slice \$4.60
- P306 Chicken and Vegetable Soup \$4.90

Something Sweet

- D72 Hazel's Rice Pudding \$4.20
- D402 Chocolate Bavarian \$3.80
- D406 Lemon Meringue \$5.70
- D410 Caramel Bread and Butter Pudding \$5.30
- D432 Custard Danish topped with walnuts \$2.90
- D433 Raspberry & Apple Crumble Cake w/ fresh custard \$4.60

Something Sweet

Ask Us About



Tasty \$5 Meals Not Shown On Our Menus