

Frozen Meals

Beef & Pork Meals

Petite \$7.30 Medium \$9.40 Large \$13.80

- 14. **Pork, Apple and Cranberry Meat Loaf**
Baked pork meatloaf glazed with cranberry and served with vegetables and gravy. A very tasty, easy to eat meal.
- 02. **Corned Beef** (200/280) Slowly cooked in a crock-pot & topped with our cook's own cheese sauce. served with mash and veggies.
- 30. **Steak & Mushroom Casserole** (127/275) diced beef cooked in a mushroom gravy, served with veg and mashed potatoes.
- 31. **Beef Sausages in Onion Gravy** (265/402) a favourite served with a rich onion gravy, seasonal vegetables and bacon.

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Festive Fare



71. **Roast Pork** - Roast potatoes, sprouts, sage stuffing, crackling, chipolata sausage, spiced plum sauce & gravy.
\$9.90 / \$13.90

SA107 Ham and Potato salad \$10.90

D440 Homemade Xmas Pudding with Brandy Custard \$5.70

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Roasts, Lamb & Vegetarian

- 60. **Spinach & Feta Quiche Meal** A generous slice of quiche with veggies and wedges.
\$7.80 / \$10.20
- 114 **Roast Chicken Dinner** - a delicious cut of boneless Chicken Thigh, sliced thick and served with Sage stuffing and vegetables
\$8.40 / \$11.40
- 38. **Roast Lamb** (163/282) moist cuts served with roast potatoes, vegetables & minted gravy - \$8.30 / \$10.70 / \$14.70
- 09 **Minted Lamb** (290/490) tasty Lamb Patties served with a minted gravy, mash and vegetables - \$7.80 / \$10.20 / \$14.20

Pt	M	Lg

Corona Virus Update
Deliveries to your door only (except by prior arrangement)

Best Buy Meals

Petite \$6.40 Medium \$8.30

- 05. **Beef Lasagne** – a delicious serve of creamy Beef Lasagne served with wedges, corn and peas. A Haines family fave!
- 12. **Cottage Pie** – A traditional beef mince & veg topped with mash and a sprinkling of cheese. DOWN IN PRICE!
- 15. **Spaghetti Bolognese** (265/442) rich beef mince and bolognese sauce, topped with lite cheese.
- 47. **Meatballs, Gravy and Mash** – Served with seasonal vegetables
- 81. **Sweet & Sour Pork** - Delicious diced Pork with a hint of Chinese spice, pineapple – Served with fried rice.
- 83. **Chicken Schnitzel** (294/490) served with Potato Wedges and seasonal vegetables.
- 106 **Savoury Mince** (168/239) best beef mince cooked with vegetables and served with mashed potatoes.

Pt M

Pt	M

7 Medium Best Buy FROZEN Meals \$55 (1 discount per order)

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SALAD - Order by 11am day before

SA105 Salad with Chicken & Mayo \$10.90

SA106 Garden Salad \$7.20

Sides & Easy Eats

- SN103 Fried Rice \$4.20
- SN110 Broccoli, & Cauliflower Pasta Bake \$3.50
- SP201 Steak Bacon and Cheese Pie \$4.90
- EX2 Spinach and Fetta Quiche Slice \$4.90
- EE001 Pork and Apple Sausage Rolls \$4.90
- EE003 2 x Salmon & Veggie Patties \$7.90
- EE005 2 x Cornish Pastie \$8.30



Name : _____

Address /Phone: _____

Delivery Date: _____

Chicken and Fish

Petite \$7.30 Medium \$9.40 Large \$13.80

- 50. **Chicken, Bacon & Mushroom Casserole**
Enjoy the subtle taste of moist diced chicken cooked with mushrooms and bacon in a creamy sauce. Served with roasted chats.
- 43. **Chicken & Vegetable Pot Pie** served with a delicate Puff Pastry lid, roasted Sweet Potato Wedges and peas.
- 20. **Chicken & Apricot Casserole** (207/359) served with apricots, mashed potatoes and vegetables.
- 66. **Lemon Fish** (216/325) gently steamed in a lemon butter sauce. Served with seasonal veggies.
- 39. **Teriyaki Chicken** - A sweet & savoury sauce of soy and honey served with rice, carrots and beans.
- 63. **Fish in Parsley Sauce** –cooked in a creamy parsley sauce served with mash and seasonal veg.

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SOUP

P306 Chicken & Vegetable \$5.10

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Something Sweet

- D402 Chocolate Bavarian \$4.50
- D408 Mixed Berry Cream Cheese Cake \$4.20
- D409 Apple Crumble \$3.90
- D410 Caramel Bread and Butter Pudding \$5.70
- SP210 Single Serve Apple Pie \$4.90
- D423 Homemade Sticky Date Pudding with Butterscotch Sauce \$5.30

Ordering ... Call us on **5494 0113**

Or buy direct at Shop 14/21 Peachester Rd, Beerwah.
(Right opposite Woolies carpark entrance)

Order Online www.topnoshmeals.com.au or Email us orders@topnoshmeals.com.au

Minimum Order
\$45 + \$5 for
delivery

Ordering Frozen Meals Order up to the day before delivery by 2pm online or 3pm by phone.

Ordering Fresh Meals - Order online by midnight Monday or by phone by 2pm Monday for deliveries that week (this may change when there is a Public Holiday.)

Payment : By debit or credit card over the phone, or if you order online you can also select Paypal



We Cook - We Care

(07) 5494 0113

Summer FRESH 2022

**Please see back for changes to
delivery days from 19 Oct**



Deliveries Over Christmas We have added Tuesday 4 January to our Bribie/Morayfield area run in lieu of the week we are closed. We will be closed from Saturday 25 December and will re open on Tuesday 4 January	Regular Customers Please consider ordering extra in the weeks running up to Christmas to carry you over our Christmas closure.
MAROOCHYDORE and BUDERIM Buderim, North Buderim, Kuluin, Maroochydore, Cotton Tree, Alexandra Headlands	Every Friday (Except 31 December)
Glasshouse, Beerburrum, Elimbah, Upper Caboolture, Burpengary, Narangba, Dakabin, Kallangur, Murrumba Downs, North Lakes, Mango Hill, Burpengary East	Every Tuesday (Except 28 December)
NOOSA AREA to BLI BLI: Yandina, Cooroy, Tewantin, Noosaville, Sunshine Beach, Sunrise Beach, Peregrin, Coolum, Marcoola, Pacific Paradise, Mudjimba, Twin Waters, Bli Bli.	Every Wednesday (Except 29 December)
CALOUNDRA AREA : Beerwah, Landsborough, Little Mountain, Meridan Plains, Caloundra West, Golden Beach, Pelican Waters, Caloundra, Kings Beach, Moffat Beach, Aroona, Currimundi. KAWANA AREA : Wurtulla, Warana, Parrearra, Buddina, Minyama, Mooloolaba, Mountain Creek, Sippy Downs	Every Wednesday and Friday (Except 29 & 31 December)
NORTH BRISBANE: Bracken Ridge, Carseldine, Chermside, Zillmere, Deagon, Sandgate, Brighton, Woody Point, Clontarf, Redcliffe, Margate, Scarborough, Deception Bay.	Every Thursday (Except 30 December)
BRIBIE/MORAYFIELD AREA: Ningi, Sandstone Point, Bribie, Morayfield, Caboolture,	Fortnightly Thursday 2, 16 Dec No delivery 30 Dec Extra delivery Tuesday 4, then Thursday 13 & 27 Jan - 10 & 24 Feb
MALENY/NAMBOUR AREA : Maleny, Montville, Flaxton, Mapleton, Nambour, Palmwoods, Woombye, Mooloolah Valley	Fortnightly Thursday 9 & 23 Dec - 6 & 20 Jan - 3 & 17 Feb
Wamuran, D'Aguiar, Woodford, Peachester	Every 4 weeks on a Tuesday 14 Dec - 11 Jan - 8 Feb

FRESH MEALS Summer

- MF200 Chicken Parmigiana (\$9.90)**– Classic crumbed and oven-baked chicken topped with a delish Napoli sauce & grated cheese. Served with sweet potato wedges and garden peas.
- MF202 Steak and Mushroom Casserole (\$10.40)** diced beef cooked in a mushroom gravy, served with fresh veg and mashed potatoes.
- MF203 Cranberry & Pork Meat Loaf (\$10.40)** Pork baked with cranberries and apple topped with a flavoursome gravy. Served with hand prepared Carrots, Green Beans and delicious Mashed Potato.
- MF205 Chicken, Bacon & Mushroom Casserole (\$10.40)** Enjoy the subtle taste of moist diced chicken cooked with mushrooms and bacon in a creamy sauce. Served with roasted chats.
- MF208 Sausages In Onion Gravy (\$10.40)**- delicious Beef Sausages, charred onion & gravy served with our creamy REAL mashed potato.
- MF214 Roast Lamb (\$13.90)** - thick cuts of Lamb, served with freshly steamed broccoli, freshly roasted chat potatoes & pumpkin served with mint gravy.
- MF218 Chicken & Vegetable Pot Pie (\$10.40)** served with a delicate Puff Pastry lid, roasted Sweet Potato Wedges and peas.
- MF219 Steamed Salmon (\$12.40)** - with dill & lemon sauce with seasonal veggies and our creamy mash.
- MF225 Roast Chicken Dinner (\$11.50)** - a delicious cut of boneless Chicken Thigh, sliced thick and served with Sage stuffing and fresh – locally prepared, vegetables
- MF226 Minted Lamb Patties (\$12.90)** Tasty hand rolled Lamb Patties served with a minted gravy, mash and vegetables