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Ordering Frozen Meals Order up to the day before delivery by 2pm online or 3pm by phone.

Payment : By debit or credit card over the phone, or if you order online you can also select Paypal



Last delivery Friday 22 December 2023 Reopening Monday 8 January 2024

Delivery Areas	Days and Dates
MAROOCHYDORE and BUDERIM Buderim, North Buderim, Kuluin, Maroochydore, Cotton Tree, Alexandra Headlands	Every Friday (including Australia Day 26 Jan)
NORTH BRISBANE Glasshouse, Beerburrum, Elimbah, Upper Caboolture, Burpengary, Narangba, Dakabin, Kallangur, Murrumba Downs, North Lakes, Mango Hill, Burpengary East	Every Tuesday
GYMPIE – Gympie central to TIN CAN BAY – Cooloola Cove (call 5494 0113 for info re outlying suburbs)	Fortnightly Tuesday Nov 28 – Dec 12 – Jan 9 & 23 – Feb 6 & 29
NOOSA AREA to BLI BLI: Yandina, Cooroy, Tewantin, Noosaville, Sunshine Beach, Sunrise Beach, Peregian, Coolum, Marcoola, Pacific Paradise, Mudjimba, Twin Waters, Bli Bli.	Every Wednesday
CALOUNDRA AREA : Beerwah, Landsborough, Little Mountain, Meridan Plains, Caloundra West, Caloundra, Aroona, Currimundi. KAWANA AREA : Wurtulla, Warana, Parrearra, Buddina, Minyama, Mooloolaba, Mountain Creek, Sippy Downs	Every Wednesday and Friday (including Australia Day 26 Jan)
BRISBANE: Bracken Ridge, Carseldine, Chermside, Zillmere, Deagon, Sandgate, Brighton, Woody Point, Clontarf, Redcliffe, Margate, Scarborough, Deception Bay Bald Hills, Nundah, Nudgee.	Every Thursday
BRIBIE/MORAYFIELD AREA: Ningi, Sandstone Point, Bribie, Morayfield, Caboolture	Fortnightly Thursday Nov 30 – Dec 14 – Jan 11 & 25 – Feb 8 & 22
MALENY/NAMBOUR AREA : Maleny, Montville, Flaxton, Mapleton, Nambour, Palmwoods, Woombye, Mooloolah Valley	Fortnightly Thursday Nov 23 - Dec 7 & 21 – Jan 18 – Feb 1, 15 & 29
Wamuran, D’Aguilar, Woodford, Peachester	Every 4 weeks on a Tuesday 12 Dec – 9 Jan – 6 Feb – 5 Mar