Beef Meals Pork & Vegetarian Meals Autumn/Winter 2024 Petite \$8.80 Medium \$10.90 Petite \$8.80 Medium \$10.90 Pt M La Pt M Minimum Order amount is \$65 02. Corned Beef Slowly cooked in a crock-pot & 70. Pork Massaman & Rice topped with our cook's own cheese sauce. This beautiful mild sweet curry offers moist (+\$8.50 delivery fee) served with mash and veggies. Large \$14.30 pork, soft potato pieces and crunchy peanuts in a creamy coconut curry. 34. Steak & Kidney Stew mash & vegetables.... Chicken and Fish A traditional winter warmer! Tender steak and 59. Green Chicken Curry - Mild Thai curry is Petite \$8.80 Medium \$10.90 kidney in a rich gravy, every Grand-dad's Pt M Lg sweet and fragrant. Served with rice and favourite!! green beans. 200 Chicken Parmigiana - Served with sweet Petite \$9.00 Medium \$10.90 12. Cottage Pie - A traditional beef mince & veg potato wedges and peas. \$13.50 topped with mash and a sprinkling of cheese. 81. Sweet & Sour Pork - Delicious diced Pork 89. Honey Mustard Chicken Breast 15. Spaghetti Bolognaise rich beef mince and with a hint of Chinese spice, pineapple -TENDER chicken breast in a sweet honey bolognaise sauce, topped with lite cheese. Served with fried rice. and grainy mustard sauce, generous vegies and vumminess throughout! 116 Sweet Potato & Caramelized Onion 55. Beef Mince Teriyaki & Rice Frittata served with sweet potato wedges. this dish is a homage to the Land of the Rising 20. Chicken & Apricot Casserole served with carrots & green beans Petite only \$9.00 Sun and is so tasty and nutritious. Sweet and apricots, mashed potatoes and vegetables. salty at the same time and packed full of 111 Lentil & Chickpea Dahl with Cauli Rice Large \$14.50 vegetables. My The spices in our Dahl are aromatic rather 66. Fish in Lemon Butter gently steamed in a NEW than hot, so you can enjoy this healthy and 10 Curried Beef Sausages lemon butter sauce. Served with seasonal hearty dish with fluffy white rice. A mild 1970's recipe served with mash and veggies. peas Large \$14.30 121 Vegetable Mornay with Pasta Petite \$9.20 Medium \$10.90 Roasted and steamed veggies in a creamy 31. Beef Sausages in Onion Gravy -108 Herby Fish Fillet – with crispy herbed crumb NEW decadent smooth cheesy sauce. 'Served on Served with a rich onion gravy, cabbage with top served with zucchini and chats wasmall bed of pasta and topped with toasted bacon & mash & carrots. Petite \$9.20 Medium \$12.50 herbed breadcumbs. Large \$14.30 90. Crumbed Aussie Whiting & Chips 47. Meatballs, Gravy and Mash - Delicious The Whiting fillets are Australian, are homemade Beef Meatballs served with Mash, NEW delicious and stay crunchy when Gravy and Vegetables. NEW P302 Minestrone Soup – vegetarian \$6.00 microwaved. Served with veggies and Large \$14.30 without all the deep fryer's fat content. P305 Creamy Chicken, veg & risoni pasta soup \$6.00 **05.** Beef Lasagne – a delicious serve of creamy Tartare sauce included. Beef Lasagne served with roasties and peas. Petite \$9.20 Medium \$11.50 A family fave! SALAD - Order by 11am day before 104 Steamed Salmon Fillet - Now in frozen too! With dill & lemon sauce and seasonal 106 Savoury Mince - Best beef mince cooked with SA110 Silverside & Potato Salad \$12.00 vegetables and served with mashed potatoes. veggies and creamy mash. Petite \$9.20 Medium \$13.20 Roasts and Lamb Pt M Lg **Sides & Easy Eats** 9. Minted Lamb Patties - Back due to popular Something Sweet demand! Served with mash, veg and lashings SN103 Fried Rice \$6.00 of minted gravy - yum! SN 01 Just Veggies \$8.80 **D402** Chocolate Bayarian \$6.20 Petite \$9.30 Medium \$11.40 Large \$14.90 SP201 Steak Bacon and Cheese Pie \$7.50 D408 Mixed Berry Cream Cheese Cake \$6.20 45 Roast Pork With crackling, roasted vegetables & apple sauce **EE001** Pork and Apple Sausage Rolls \$7.00 **D409** Apple Crumble \$6.20 Petite \$9.30 Medium \$12.20 EE003 Fish & Veggie Patties x 2 \$8.00 D405 Apple Cinnamon Teacake (LG) \$6.50 38 Roast Lamb Moist cuts served with roast **EE020** Bacon, Cheese & Hashbrown Quiche with peas potatoes, vegetables & minted gravy -**D423** Homemade Sticky Date Pudding with & carrots \$9.00 Petite \$9.30 Medium \$12.20 Large \$14.90 Butterscotch Sauce \$6.20 114 Roast Chicken Dinner - a delicious cut of EE013 Beef Croquettes with pumpkin & peas \$9.00 D435 Apple & Custard Strudel \$10.00

EE011 Bacon & Cheese Omelette Roll \$6.00

D410 Caramel Bread & Butter Pudding \$6.20

boneless Chicken Thigh, sliced thick and

served with Sage stuffing and vegetables

Petite \$9.30 Medium \$11.90

Ordering ... Call us on 5494 0113

Or buy direct at Shop 14/21 Peachester Rd, Beerwah. (Right opposite Woolies carpark entrance)

Order Online www.topnoshmeals.com.au or Email us orders@topnoshmeals.com.au

Ordering Frozen Meals Order up to the day before delivery by 2pm online or 3pm by phone.

<u>Payment</u>: By debit or credit card over the phone, or if you order online you can also select Paypal



Autumn/Winter 2024

Delivery Areas	Days and Dates
MAROOCHYDORE and BUDERIM Buderim, North Buderim, Kuluin, Maroochydore, Cotton Tree, Alexandra Headlands	Every Friday (Except Easter Mar 29)
NORTH BRISBANE Beerburrum, Elimbah, Upper Caboolture, Burpengary, Narangba, Dakabin, Kallangur, Murrumba Downs, North Lakes, Mango Hill,	Every Tuesday
GYMPIE – Gympie central to TIN CAN BAY – Cooloola Cove (call 5494 0113 for info re outlying suburbs)	Fortnightly Tuesday Feb 6 & 20 - Mar 5 & 19 - Apr 2, 16 & 30
NOOSA AREA to BLI BLI: Yandina, Cooroy, Tewantin, Noosaville, Sunshine Beach, Sunrise Beach, Peregian, Coolum, Marcoola, Pacific Paradise, Mudjimba, Twin Waters, Bli Bli.	Every Wednesday
CALOUNDRA AREA: Beerwah, Landsborough, Little Mountain, Meridan Plains, Caloundra West, Caloundra, Aroona, Currimundi. KAWANA AREA: Wurtulla, Warana, Parrearra, Buddina, Minyama, Mooloolaba, Mountain Creek, Sippy Downs	Every Wednesday and Friday (Except Easter Mar 29)
BRISBANE: Glasshouse Mountains, Burpengary East, Deagon, Sandgate, Brighton, Woody Point, Clontarf, Redcliffe, Margate, Scarborough, Deception Bay, Bald Hills, Nundah, Nudgee, Bracken Ridge, Carseldine, Chermside, Zillmere	Every Thursday
BRIBIE/MORAYFIELD AREA: Beachmere, Ningi, Sandstone Point, Bribie, Morayfield, Caboolture	Fortnightly Thursday Feb 8 & 22 - Mar 7 & 21 - Apr 4 & 18
MALENY/NAMBOUR AREA: Maleny, Montville, Flaxton, Mapleton, Nambour, Palmwoods, Woombye, Mooloolah Valley	Fortnightly Thursday Feb 29 - Mar 14 & 28 - Apr 11 & 25
Wamuran, D'Aguilar, Woodford, Peachester	Every 4 weeks on a Tuesday Mar 5 - Apr 2 & 30