Beef Meals Pork & Vegetarian Meals Autumn/Winter 2024 Petite \$8.80 Medium \$10.90 Petite \$8.80 Medium \$10.90 Pt M La Pt M Minimum Order amount is \$65 02. Corned Beef Slowly cooked in a crock-pot & 70. Pork Massaman & Rice topped with our cook's own cheese sauce. This beautiful mild sweet curry offers moist (+\$8.50 delivery fee) served with mash and veggies. Large \$14.30 pork, soft potato pieces and crunchy peanuts in a creamy coconut curry. 34. Steak & Kidney Stew mash & vegetables.... Chicken and Fish A traditional winter warmer! Tender steak and 59. Green Chicken Curry - Mild Thai curry is Petite \$8.80 Medium \$10.90 kidney in a rich gravy, every Grand-dad's Pt M Lg sweet and fragrant. Served with rice and favourite!! green beans. 200 Chicken Parmigiana - Served with sweet Petite \$9.00 Medium \$10.90 12. Cottage Pie - A traditional beef mince & veg potato wedges and peas. \$13.50 topped with mash and a sprinkling of cheese. 81. Sweet & Sour Pork - Delicious diced Pork 89. Honey Mustard Chicken Breast 15. Spaghetti Bolognaise rich beef mince and with a hint of Chinese spice, pineapple -TENDER chicken breast in a sweet honey bolognaise sauce, topped with lite cheese. Served with fried rice. and grainy mustard sauce, generous vegies and vumminess throughout! 116 Sweet Potato & Caramelized Onion 55. Beef Mince Teriyaki & Rice Frittata served with sweet potato wedges. this dish is a homage to the Land of the Rising 20. Chicken & Apricot Casserole served with carrots & green beans Petite only \$9.00 Sun and is so tasty and nutritious. Sweet and apricots, mashed potatoes and vegetables. salty at the same time and packed full of 111 Lentil & Chickpea Dahl with Cauli Rice Large \$14.50 vegetables. My The spices in our Dahl are aromatic rather 66. Fish in Lemon Butter gently steamed in a NEW than hot, so you can enjoy this healthy and 10 Curried Beef Sausages lemon butter sauce. Served with seasonal hearty dish with fluffy white rice. A mild 1970's recipe served with mash and veggies. peas Large \$14.30 121 Vegetable Mornay with Pasta Petite \$9.20 Medium \$10.90 Roasted and steamed veggies in a creamy 31. Beef Sausages in Onion Gravy -108 Herby Fish Fillet – with crispy herbed crumb NEW decadent smooth cheesy sauce. 'Served on Served with a rich onion gravy, cabbage with top served with zucchini and chats wasmall bed of pasta and topped with toasted bacon & mash & carrots. Petite \$9.20 Medium \$12.50 herbed breadcumbs. Large \$14.30 90. Crumbed Aussie Whiting & Chips 47. Meatballs, Gravy and Mash - Delicious The Whiting fillets are Australian, are homemade Beef Meatballs served with Mash, NEW delicious and stay crunchy when Gravy and Vegetables. NEW P302 Minestrone Soup – vegetarian \$6.00 microwaved. Served with veggies and Large \$14.30 without all the deep fryer's fat content. P305 Creamy Chicken, veg & risoni pasta soup \$6.00 **05.** Beef Lasagne – a delicious serve of creamy Tartare sauce included. Beef Lasagne served with roasties and peas. Petite \$9.20 Medium \$11.50 A family fave! SALAD - Order by 11am day before 104 Steamed Salmon Fillet - Now in frozen too! With dill & lemon sauce and seasonal 106 Savoury Mince - Best beef mince cooked with SA110 Silverside & Potato Salad \$12.00 vegetables and served with mashed potatoes. veggies and creamy mash. Petite \$9.20 Medium \$13.20 Roasts and Lamb Pt M Lg **Sides & Easy Eats** 9. Minted Lamb Patties - Back due to popular Something Sweet demand! Served with mash, veg and lashings SN103 Fried Rice \$6.00 of minted gravy - yum! SN 01 Just Veggies \$8.80 **D402** Chocolate Bayarian \$6.20 Petite \$9.30 Medium \$11.40 Large \$14.90 SP201 Steak Bacon and Cheese Pie \$7.50 D408 Mixed Berry Cream Cheese Cake \$6.20 45 Roast Pork With crackling, roasted vegetables & apple sauce **EE001** Pork and Apple Sausage Rolls \$7.00 **D409** Apple Crumble \$6.20 Petite \$9.30 Medium \$12.20 EE003 Fish & Veggie Patties x 2 \$8.00 D405 Apple Cinnamon Teacake (LG) \$6.50 38 Roast Lamb Moist cuts served with roast **EE020** Bacon, Cheese & Hashbrown Quiche with peas potatoes, vegetables & minted gravy -**D423** Homemade Sticky Date Pudding with & carrots \$9.00 Petite \$9.30 Medium \$12.20 Large \$14.90 Butterscotch Sauce \$6.20 114 Roast Chicken Dinner - a delicious cut of EE013 Beef Croquettes with pumpkin & peas \$9.00 D435 Apple & Custard Strudel \$10.00

EE011 Bacon & Cheese Omelette Roll \$6.00

D410 Caramel Bread & Butter Pudding \$6.20

boneless Chicken Thigh, sliced thick and

served with Sage stuffing and vegetables

Petite \$9.30 Medium \$11.90

Ordering ... Call us on 5494 0113

Or buy direct at Shop 14/21 Peachester Rd, Beerwah. (Right opposite Woolies carpark entrance)

Order Online www.topnoshmeals.com.au or Email us orders@topnoshmeals.com.au

Ordering Frozen Meals Order up to the day before delivery by 2pm online or 3pm by phone.

<u>Payment</u>: By debit or credit card over the phone, or if you order online you can also select Paypal



| Delivery Areas | Days and Dates |
|---|--|
| NORTH BRISBANE Beerburrum, Elimbah, Upper Caboolture, Burpengary, Narangba, Dakabin, Petrie, Lawnton, Kallangur, Murrumba Downs, North Lakes, Mango Hill, | Every Tuesday |
| BRISBANE: Glasshouse Mountains, Burpengary East, Deception Bay, Kippa-Ring, Scarborough, Redcliffe, Woody Point, Clontarf, Margate, Deagon, Sandgate, Brighton, Nundah, Nudgee, Bracken Ridge, Carseldine, Chermside, Zillmere, Bald Hills. | Every Thursday |
| TIN CAN BAY, Cooloola Cove and Rainbow Beach, Imbil, Kandanga, Cooran, Pomona, Black Mountain | Fortnightly Tuesday May 14 & 28, Jun 11 & 25, July 9 & 23 |
| GYMPIE centre, Southside, The Palms, Araluen, Chatsworth. (call 5494 0113 for more info re outlying suburbs) | Fortnightly Tuesday Apr 30,May 7 & 21,June 4 & 18,July 2, 16 & 30 |
| NOOSA AREA to BLI BLI: Yandina, Eumundi, Cooroy, Tewantin, Noosaville, Sunshine Beach, Sunrise Beach, Peregian, Coolum, Marcoola, Pacific Paradise, Mudjimba, Twin Waters, Bli Bli. | Every Wednesday |
| CALOUNDRA AREA: Beerwah, Landsborough, Little Mountain, Meridan Plains, Caloundra West, Caloundra, Aroona, Currimundi. KAWANA AREA: Wurtulla, Birtinya, Warana, Parrearra, Buddina, Minyama, Mooloolaba, Mountain Creek, Sippy Downs | Every Wednesday and Friday |
| BRIBIE/MORAYFIELD AREA: Beachmere, Ningi, Sandstone Point, Bribie, Morayfield, Caboolture | Fortnightly Thursday May2, 16 & 30, June 13 & 27, July 11 & 25 |
| MALENY/NAMBOUR AREA: Maleny, Montville, Flaxton, Mapleton, Nambour, Palmwoods, Woombye, Mooloolah Valley | Fortnightly Thursday May 9 &23, June 6 & 20, July 4 & 18 |
| MAROOCHYDORE and BUDERIM Buderim, North Buderim, Kuluin, Maroochydore, Cotton Tree, Alexandra Headlands | Every Friday |
| Wamuran, D'Aguilar, Woodford, Peachester | Every 4 weeks on a Tuesday Apr 30 May 28 June 25 July 23 |